President’s Message
by Nadine DeVoss, RDH, BS

My name is Nadine DeVoss and I am honored to be serving the Iowa Dental Hygienists’ Association as your president this year. I am a graduate of the University of Iowa dental hygiene program, class of 1977. My husband, Gary DeVoss, and I have lived in Council Bluffs since 1980. Gary is originally from Atlantic Iowa and I am from Osage Iowa. We have three adult sons, a dog and two cats. I have practiced in private practice, public health (WIC) and as adjunct faculty in the Iowa Western Community College dental hygiene program. I have retired from the aforementioned activities and am now serving our profession as a member of the Board of Trustees of IDHA.

My theme for the upcoming year is VISIBILITY. By that I mean that we hygienists need to be passionate and spread the word about our unique qualifications as preventive oral care specialists whenever we can. I would like for the general public to understand and recognize the contributions we can make to the health of the public.

Our national leadership is working to “lead the transformation of the dental hygiene profession to improve the public’s oral and overall health.” I find that statement to be so exciting and empowering. I hope you do, too.

I am not proclaiming that dental hygienists should have independent practice. There is so much that we can do if we are integrated into the healthcare system as primary healthcare providers to expand access to oral health care. I would like to see us practice in nursing homes, hospitals, hospice care, with the homebound. We can work with our existing Public Health Supervision agreements to provide this care.

But this is only a pipe dream if we don’t have VISIBILITY. So please take every opportunity to speak up for your profession; join a task force or committee as a dental hygiene expert; volunteer with your I-Smile coordinator; staff a booth at a health fair; volunteer to present a program to caregiver’s support groups. Anything you do helps our professional recognition factor: VISIBILITY!

I hope to see you at our Fall Event Continuing Education course on October 24 at the FFA Conference Center in Ankeny.

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2014 IDHA Annual Session

IDHA’s 93rd Annual Session was attended by many dental professionals and their industry supporters this last May at the Sheraton in Iowa City.

Special thanks to our event sponsors:

- Betsy Reynolds - Educational grant from Delta Dental
- President’s Party & Toothbrush Give-Away - Crest Oral B
- Delegates Luncheon - Sunstar America
- Saturday Registration Breakfast - Quad Cities Component
- Instrument Donation for New Members - American Eagle

Looking forward to having you join us for our 94th Annual Session at Prairie Meadows in Altoona!

THANK YOU TO OUR SPONSORS

Please show your appreciation for these organizations that contribute to our success!

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Vendor Representatives:
Delta Dental of Iowa – Maren Lenhart
Crest Oral B – Greg Slaymaker
Sunstar – Gary Leslie
Colgate – Janette Dilinger
GSK – Monica Bronowicki
Hu-Friedy – Beth Currie
American Eagle – Sharon Rosengren
PDT, Inc. – Tracy Hull
Dentsply – Brandon DeGroote
Orascoptic – Dave Colgan
Henry Schein – Cierra Travis
The Iowa Dental Hygienists’ Association 93rd Annual Session was held on the first weekend of May 2014. The policy-making body of the association, the House of Delegates, meets during the annual session. Each component, council and committee has an annual report to present which represents the work accomplished during the current year. The voting body of the house consists of delegates who are elected from their respective components. Each group of delegates has time to discuss and deliberate prior to the vote. The following policies were acted upon last May.

*Proposed Resolution #1: The Iowa Dental Hygienists’ Association advocates communication and access to documentation for dental patients regarding the manufacturers and materials provided in their dental care. [It’s important that patients realize what materials are used in their care.]

*Proposed Resolution #2 was not adopted as the consensus was that there is no reason for a definition for social media.

*Proposed Resolution #3: The Iowa Dental Hygienists’ Association advocates that dental hygiene and/or dental practice acts be amended so that the services of dental hygienists can be fully utilized in all settings. [This is an update/amendment to existing policy.]

*Proposed Resolution #4: The Iowa Dental Hygienists’ Association advocates for a tobacco free environment. [This existing policy needed updated and more current language.]

*Proposed Resolution #5: The Iowa Dental Hygienists’ Association advocates that dental hygienists promote health literacy. [It’s very important for patients to understand the connection/correlation between their oral health and their total body health.]

*Proposed Resolution #6: Advanced Practice Dental Hygiene:
1. Provision of clinical and diagnostic services in addition to those services permitted to an entry level dental hygienist, including services that require advanced clinical decision making, judgment and problem solving.
2. Completion of a clinical and academic educational program beyond the first professional degree required for entry level licensure which qualifies the dental hygienist to provide advanced practice services and includes preparation to practice in direct access settings and collaborative relationships.
3. Documentation of proficiency such as professional certification. [The Association needs a definition for this level of dental hygiene as there are states that have educational programs for this level of practice.]

*Proposed Resolution #7:
Governance of the practice of dental hygiene by dental hygienists who define the scope of practice, set educational requirements and licensure standards, and regulate and discipline dental hygienists. [This existing policy needed updated and more current language.]

*Proposed Resolution #8: The Iowa Dental Hygienists’ Association advocates that the scope of dental hygiene practice includes utilization and administration of appropriate modalities to control pain and anxiety for dental patients. [The comfort of the patient during treatment is a main concern of hygienists.]

*Proposed Resolution #9: IDHA investigate a redistricting process of the component structure. [Some of the components are in need of assistance with the distribution of hygienists in that area.]

*Proposed Resolution #10: IDHA adopt the proposed budget for 2014-2015. A fiscally sound budget is necessary for the Association to function.

Proposed Bylaw Amendment #1:
Term of Office. Members of all Councils and Committees of this Association, both Standing and Special, shall be appointed for a term of no less than one (1) year. [The added language keeps the term of office less restrictive.]
BOT Connections
by President-Elect Pat Alden, RDH

The IDHA Board of Trustees met May 3, 2014, immediately following the House of Delegates at the Sheraton Hotel in Iowa City, Iowa. The newly installed President of IDHA, Nadine DeVoss, called the meeting to order.

The 2014-2015 calendar was presented and the following Council, Committee, and Liaison appointments were approved:

Member Services Council:
Kathy Thorsteinson (Trustee)
Amanda Aunspach
Marijo Beasler
Kathy Burgess
Kelli Collins

Amanda Godfrey
Maggie Kading
Deb Milke
Sue Ollman

Professional Development Council:
Cindy DeWall (Trustee)
Sarah Bauer
Sarah Borsdorff
Sue Hyland

Nancy Miller
Cindy Swallow

Legislative Committee:
Carol VanAernam (Chair)
Sarah Bauer
Emily Boge
Cindy DeWall
Sue Hyland

Maggie Kading
Nancy Miller
Sue Ollman

Peer Review Committee:
Sue Hyland (Chair)
Nancy Adrianse
Sara Bauer
Marijo Beasler

Colleen Dooley
Carol Hooper
Anne Rose

RDH Political Action Committee (PAC):
Eileen Cacioppo (Chair)
Laurie Abbas
Peggy Funk
Brenda Lambert

Sheila Temple
Sarah Turner

Advanced Education Committee:
Sarah Turner (Chair)
Shaunda Clark
Tonya Enright
Jan Hilis

Deb Penny
Renee Piper

BOT & Administrative Council Member-at-Large:
Eileen Cacioppo

Corporate Relations:
Becke Dorenbush (Chair)
Angie Kelley
Linda Rowe

Continuing Education Coordinator:
Sarah Turner

Executive Planning Council Member-at-Large:
Sarah Turner

Lavender Band Editor/ Website Coordinator:
Sarah Borsdorff

President’s Council Facilitator:
Brenda Platz
**Liaisons**

- ADHA State Education Network Representative: Lori Brown
- ADHA Tobacco Intervention Liaison: Sue Hyland
- Dental Hygiene Programs Liaison: Eileen Cacioppo
- Headstart Liaison: Peggy Funk
- IDA Council on Dental Health Liaison: Brenda Platz
- Institute for Oral Health Liaison: Emily Boge
- Iowa Dental Board Liaison: Carol VanAernam
- Iowa Public Health Liaison: Lori Brown
- Student Liaison: Amanda Aunspach

Email, the IDHA website...including The Lavender Band, Facebook and Twitter, will be utilized to communicate information about continuing education courses, legislative issues and any other issues that concern Iowa hygienists. Please contact an IDHA officer or your local component if you are not receiving communications.

The Student/Faculty Conference/Fall Con Ed event will be held for all hygienists, students, and faculty on Friday, October 24, 2014 at the FFA Conference Center in Ankeny, Iowa. This is a fun event for learning and networking with students, faculty, and licensees.

The next Board of Trustees (BOT) meeting is Saturday, August 23, 2014, at Des Moines Area Community College in Ankeny, Iowa. All IDHA members are welcome and encouraged to attend.

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**Be a part of this year's Iowa Mission of Mercy!** Register now and join us at the Five Sullivan Brothers Convention Center in Waterloo, IA on September 26 & 27, 2014.

We're very excited to be returning to Waterloo where our first Iowa Mission of Mercy was held in 2008. Dr. Marty Averill is again chairing the local steering committee.

Of course, dentists, dental assistants, dental hygienists and dental lab technicians are required for Iowa MOM to happen, but many other volunteers are needed! Medical professionals staff the Medical Triage area. Pharmacists and pharmacy technicians are needed for post medications. General volunteers are needed for key areas including registration, patient escorts, interpreters, child care, hospitality and exit interview.

Go to the [Iowa MOM Registration website](http://www.iowadental.org) to register!

For more information, go to [www.iowadentalfoundation.org](http://www.iowadentalfoundation.org) or phone [800-828-2181](http://www.iowadentalfoundation.org). Iowa Dental Foundation [info@iowadental.org](mailto:info@iowadental.org) [http://www.iowadental.org](http://www.iowadental.org)

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“The best way to find yourself is to lose yourself in the service of others.”

- Mahatma Gandhi
Hello from your ADHA delegation! ADHA’s Center for Lifelong Learning (CLL) and Annual Session (AS) was held in Las Vegas on June 18 - 24. What a great week we had! Representing Iowa this year were Delegates Michelle Doughty - Chair, Emily Boge and Nadine DeVoss. Alternate Delegates were Vanessa Bailey, Lori Brown, and Jolene Humbert.

For those of you who have not attended an ADHA CLL/AS, here is how the week is laid out. The first half of the week primarily consists of continuing education opportunities, plenary sessions, the Exhibit Hall and receptions. The second half of the week is comprised of the business meetings which include the House of Delegates (HOD), Reference Committee, District Discussions, Association Update, Leadership Mentoring, Mega Issue Discussion, Legislative Workshop, Membership Workshop, Diversity Workshop and the Candidates Forum.

CE courses are held on Thursday, Friday, and Saturday mornings and afternoons. This year there were 30 - 3 hour CE courses offered and 15 - 1.5 hour Lunch and Learn topics to choose from. This is an excellent opportunity to take courses from some of the top speakers in the country. I personally took 3 courses while I was in Las Vegas and enjoyed the wide range of topics offered.

Two plenary sessions this year included speakers Dan Thurmon and Juliet Funt. Mr. Thurmon used gymnastics, juggling, handstands and riding a unicycle to illustrate taking action, patterns and balance. Mrs. Funt talked about white space in our lives and reminds us to use our words and language to tell people what they mean to us, (we use our screens too much and don’t communicate with those around us).

The Exhibit Hall is available for two days so there is plenty of time to visit with the 117 vendors and get all those goodies we so love. Wrigley offered a free voucher to spend on lunch on the exhibit hall floor both Friday and Saturday. Colgate offered free vouchers to spend in the Marketplace. Many seasoned hygienists have learned to bring along an extra suitcase to get all those goodies back home. Or some just send a box home via a shipping company. Not kidding! There was no way I was getting all that stuff into my regular suitcase!

Crest Oral-B sponsored a very nice hot breakfast and introduced us to a new power brush that will be hitting the market soon that has blue tooth capability. We all received a large tote bag filled with Oral-B and Procter & Gamble products. We all attended the Institute for Oral Health (IOH) Benefit/Presidents Reception. Great food, fun band and lots of dancing! A silent auction is held to raise money for the Institute.

OK, that was all in the first 3 days! Ready for the rest? Let’s start with the Association Update. ADHA has been working hard at getting the dental hygienists’ education to be at the forefront of the educational standards of the new level of provider, Dental Therapist, that are being determined by the ADA’s Commission on Dental Accreditation (CODA). ADHA went to the US Federal Trade Commission (FTC). The FTC determined that CODA was in violation of the Restriction of Trade of Dental Hygienists and sent a 15 page letter encouraging CODA to change the language in their documents regarding...

The Legislative Workshop expounded on the CODA issues and highlighted various states achievements. The Membership Workshop discussed the nationwide issue of low membership. ADHA is beginning a new membership drive that will include the states in their before we vote in the HOD. Balloting also takes place to elect the officers for the upcoming year. The following people were elected for 2014-2015. Kelli Swanson Jaekes progresses to President from the President Elect position. Jill Rethman, President Elect; Betty Kabel, Vice President; Carolyn Roberton, Speaker of the House; Susan Miklos, Ethics Committee Region A; Gino Garza, Ethics Committee Region C.

So yes, we had a very busy week and it went very fast. But we still had time to find some fun things to do. Young Dental sponsored an evening concert of The Blue Man Group. We also saw a show called The Million Dollar Quartet. We had dinner at several very nice restaurants and spent time with our fellow District VIII friends. We took in the sights all along “the strip” including the Dancing Fountains at the Bellagio and the Volcano at the Mirage. And we even had a little pool time.

The Leadership session helps those who are interested in furthering their leadership skills and are given tools to help them do so. The Diversity Workshop has a panel of speakers who are in a minority segment of the population and bring to light some discriminatory issues

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Thank you all for entrusting me to go to ADHA CLL/AS and bring this information back to share with all of you. I encourage all of you to run for ADHA Delegate or Alternate Delegate or even just go as an attendee. It is an amazing experience to meet hygienists from all over the country, hear of their successes and how they achieved them and hear of their struggles that are very similar to our own. I promise you will make lifelong friends and want to return to CLL/AS every year as I do. Please feel free to contact me with any questions! Next year’s ADHA CLL/AS will be held in Nashville, TN at the Omni Hotel, June 17-23, 2015. See you there!
**Student News - DMACC**
*by Class of 2015 Secretary Rachel Hromatko*

The Class of 2015 would like to congratulate the Class of 2014 for graduating. We wish all 21 of them and very successful and happy career.

The Class of 2015 currently has 22 students. Our program has a 10 week summer term which focuses on periodontology and pharmacology as well as the administration of local anesthetic and the use of ultrasonics. We will also have 10 morning clinic sessions to practice these techniques. We hope this will help us prepare for our all-day clinic sessions next Fall.

Several classmates volunteered at Special Olympics in Ames, Iowa on May 16th. Along with our faculty member Lori Brown, we demonstrated to the athletes how to brush their teeth correctly. This was great learning experience for our class and hopefully, for the athletes. The students that went would like to recommend this to all dental hygiene students. It was very rewarding!

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**Legislative**
*by Carol Van Aeranam, RDH, BA, IDHA Legislative Chair*

**Why Support Direct Medicaid Reimbursement for Dental Hygienists?**
*Access to quality oral health care is a significant issue for Iowans!*

- For Medicaid eligible Iowans under the age of 21, only 57% received any dental services in 2012
- In 2007, 10,000 visits were made to hospital ERs for dental-related problems
- 15 states currently allow Medicaid direct reimbursement of dental hygienists, including Missouri, Nebraska, Minnesota, and Wisconsin
- Dental Hygienists provide vital preventive dental services that help improve oral health care and help avoid more serious and expensive dental health emergencies
- This legislation would not mandate direct reimbursement—dentists and dental hygienists could choose the best option for reimbursement. The legislation would not expand the scope of practice of dental hygienists; the dentist and hygienist still collaborate through a Public Health Supervision Agreement. This is not independent practice!
- The Iowa Medicaid Enterprise has indicated that this legislation would have little to any fiscal impact on the state’s budget

A petition in support of Medicaid reimbursement for dental hygienists is in circulation! If you have not already been invited to sign our petition, or would like to help forge ahead with our efforts, please reach out to your component president or Carol Van Aeranam. Signatures must be from Iowa residents! The petitions will be gathered for presentation to our legislators by January 2015. Help us reach our 10,000 signature goal! Don’t forget to call your legislators, of your choice, and volunteer to help them with their campaign, make calls, address letters or knock on doors. This has to be a grass roots effort; we need everyone to help us.

If you have questions, please contact Carol. Info will be available on our IDHA website soon!
Component News

Central Component gladly reports another successful year of providing 9.5 CEU's over seven different events in all. Currently we are working on a new Schedule of Events for Continuing Education, so please read all emails from Central Component for it will have important information. We welcome all dental hygienists (both members and non-members) in the State of Iowa to attended Continuing Education Classes.

Central Iowa Component greatly appreciates all the members that attended Iowa Mission of Mercy last year and those that participated in the Iowa Care Givers Conference providing Oral Cancer Screenings We look forward to helping with these events in 2014.

“Like” us on facebook: https://www.facebook.com/pages/IDHA-Central-Component/544735252245567

- Vanessa Bailey, RDH

The members of the Dubuque Component of IDHA are ready for another year of networking and fellowship. We will be trying to continue our two continuing education meetings a year, with one in the fall and one in the spring.

This past year the Healthy Mouths/Healthy Children Program made a traveling drink display. We had members present at a Diabetes Fair in Manchester, members doing presentations in area schools, participating in a career fair, and providing in-service education at long term care facilities. It is wonderful when members step up to provide community service this is a great way to network.

The component uses email as our main communication to members and tries to keep all members informed after each Board of Trustees meeting with a small update by email on what has taken place at the board meeting. We are excited to have one of our own component members step up into a leadership position as President-Elect of IDHA. Congratulations Pat Alden. We encourage all hygienists to step up and become a more active member in their Professional Association.

“Like” us on facebook: https://www.facebook.com/idha.dubuquecomponent

- Deb Schuler, RDH
Calling all Licensees, Faculty & Students!

IDHA invites YOU to our annual Fall Event October 24, 2014 at the FFA Conference Center in Ankeny

Questions about how women have unique oral/systemic conditions, symptoms, and strategies for treatment and prevention? Or how about successful treatment options for dependent adults? Want to stand out and make yourself marketable as a dental hygienist? Learn from Dental Hygienists Pam Hughes and Angie Stone by participating in their courses with us on Friday, October 24.

A special session for faculty on the topic of geriatrics featuring Dr. Howard Cowen will be held from 9am-noon.

Lunch, networking, and hygiene marketplace access all included with your registration!

Look for REGISTRATION information through email and conventional mail coming to you soon!

Angie Stone, RDH, BS
Practical Approach to Improving Oral Care in the Dependent Adult Population, 9am-12:30pm
I Want You to Want Me, 1:30-4pm

Angie Stone, RDH, BS has been a dental assistant, receptionist and clinical dental hygienist. She has been the Editor in Chief of Hygiene Tribune, Hygiene Consultant, and has been on faculty in both dental assisting and dental hygiene programs. She is a national and international speaker, having educated dental professionals in 35 states and 4 countries. Her articles have appeared in a variety of publications. Her research regarding xylitol and elders was published in the peer reviewed journal Integrative Medicine. Her company, HyLife, brings oral care services to elders in nursing home environments, because they “Shouldn’t Die of Dirty Teeth”. She is the Lead Xylitol Educator for Wasatch Sales. Her book, Dare to be a Difference Maker, will be released in December 2013. Angie is a five time attendee of CareerFusion and was awarded the Sunstar Butler Award of Distinction in 2012 for her work with xylitol and the geriatric population.

Pam Hughes, RDH, MS
Women’s Aging Complexities ~ The 2014 Oral Health Connection, 8:30am-4:30pm

Pam is a recognized speaker throughout the United States on advances in therapeutic oral care products, women’s aging complexities, oral risk assessment and improving patient care with evidence-based decision making. She is a past President of the California Dental Hygiene Educators’ Association and the California Dental Hygienists’ Association.

Pam remains clinically active in a general practice with 34 years of experience and holds a faculty position at the Ostrow School of Dentistry of University of Southern California in the Division of Periodontology, Diagnostic Sciences, Dental Hygiene and in the Master of Science Dental Hygiene Graduate Program. She has authored several articles on topics related to women’s aging and their compromised health concerns along with effective home care strategies in treating gingival disease.
Name: Nadine Bunge DeVoss

Residence: Council Bluffs, Iowa (Northwest Component)

Family: Married 36 years to Gary. He is a physician in Council Bluffs, internist, geriatrician, and medical director of 2 nursing homes in town. Three adult sons. One still lives at home with his dog. We have 2 cats.

How I got interested in dental hygiene: My mother suggested it as a possible profession when I was floundering in college. Her friend’s daughter went into dental hygiene and loved it. Much to my surprise, there was a Nadine Bunge (my maiden name) who went through the program at Iowa a few years prior to me. Faculty were peeking at me during the interview. I think they wanted to make sure I was a different Nadine Bunge. Well, for heavens’ sake…would you have done the program twice??

Favorite instrument: Brassler anterior scaler/hoe-- the precursor to Emily Boge’s Centennial.

Changes to dental hygiene practice: We did not do quadrant therapy as a therapeutic procedure when I graduated. We referred out all perio treatment. We also didn’t administer anesthesia, but we did learn about it in school. I remember the instructor’s admonition: Aspirate! Aspirate!

I can’t say as I have a memorable hygiene moment that isn’t embarrassing so I will choose to share how I dribbled red disclosing solution into Gary’s eye when he was my patient when I was a student. I still say it was his fault for flinching.

How I spend my leisure time: Reading mysteries, crocheting (mostly dishcloths) and gardening. We have a condo at Lake of the Ozarks and we spend long weekends there.